


































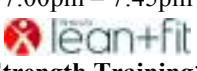



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00am – 6:45am  Lean & Fit	6:00am – 6:45am  Lean & Fit	6:00am – 6:45am  Lean & Fit	6:00am – 6:45am  Lean & Fit	6:00am – 6:45am  Lean & Fit	8:00am – 8:45am  Lean & Fit
7:00am – 8:15am  Strength Training* (Mar 30 – June 3)		7:00am – 8:15am  Strength Training* (Mar 30 – June 3)			9:00am – 9:45am  Lean & Fit
		11:00am – 11:30 am  BODY ANALYSIS			10:00 – 11:00 am  Lean & Fit YOGA (STUDIO 2)
11:30am – 12:15pm  Lean & Fit		11:30am - 12:15pm  Lean & Fit			10:00am – 10:45am  BOOMERANG
		12:15pm – 1:00pm  Lean & Fit			
12:15pm – 1:00pm  Lean & Fit	12:15pm – 1:00pm  Lean & Fit	3:30pm – 4:00 pm  BODY ANALYSIS	12:15pm – 1:00pm  Lean & Fit	12:15pm – 1:00pm  Lean & Fit	
		4:00pm – 5:00 pm  BOOMERANG	4:30pm – 5:00 pm  BODY ANALYSIS	4:00pm – 5:00 pm  BOOMERANG	
5:00pm – 5:45pm  Lean & Fit	5:00pm – 5:45pm  BOOMERANG	5:00pm – 5:45pm  Lean & Fit	5:00pm – 5:45pm  BOOMERANG	5:00pm – 5:45pm  Lean & Fit	
6:00pm – 6:45pm  Lean & Fit	6:00pm – 6:45pm  Lean & Fit	6:00pm – 6:45pm  Lean & Fit	6:00pm – 6:45pm  Lean & Fit	6:00pm – 6:45pm  Lean & Fit	
7:00 – 8:00 pm  Lean & Fit YOGA (STUDIO 2)		7:00 – 8:00 pm  Lean & Fit YOGA (STUDIO 2)		*EXTRA FEE FOR STRENGTH, YOGA LEAN 6 PACK ABBS PROGRAM*	
7:00pm – 7:45pm  Strength Training* (Mar 30 – June 3)		7:00pm – 7:45pm  Strength Training* (Mar 30 – June 3)			